

# WEEK 1 HOSPITALITY WEEK AT A GLANCE MENU

FALL/WINTER 2020

Week 1 of 6-Week Rotation

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	Hard Boiled Eggs  Oatmeal / Cream of Wheat Assorted Toast w/ Jam and Butter	Poached Eggs  Oatmeal / Cream of Wheat Assorted Toast w/ Jam and Butter	Fried Eggs  Oatmeal / Cream of Wheat Assorted Toast w/ Jam and Butter	Hashbrown Patties  Bacon Oatmeal / Cream of Wheat Assorted Toast w/ Jam and Butter	Loaded Scrambled Eggs  Hashbrowns Oatmeal / Cream of Wheat Assorted Toast w/ Jam and Butter	Pancakes  Breakfast Sausage Oatmeal / Cream of Wheat Assorted Toast w/ Jam and Butter	Western Omelette  Breakfast Hashbrowns Oatmeal / Cream of Wheat Assorted Toast w/ Jam and Butter
<b>LIGHT MEAL</b>	Corn & Veg Chowder Ham Salad Sandwiches Potato Salad <b>ALTERNATE CHOICES</b> Hotdogs w/ fresh bun Potato Salad Corn & Veg Chowder Fruit Cocktail Cup	Chicken Gumbo w/ Barley Pulled Pork Sandwich <b>ALTERNATE CHOICES</b> Tossed Salad w/ Garlic bread Grilled Chicken Chicken Gumbo w/ Barley Assorted Jello w/ Fruit	Tomato Fruit & Veg Tray w/ cheese <b>ALTERNATE CHOICES</b> Turkey Burgers w/ Lettuce & Cheese Tomato Pistachio Pudding Salad	Creamy Baked Potato Lazy-man Cabbage Cassarole <b>ALTERNATE CHOICES</b> Chicken Salad Sandwiches Tossed Salad Creamy Baked Potato Fresh Watermelon Wedges	Cheese Burger Soup Chicken & Veg Pot Pies w/ Gravy <b>ALTERNATE CHOICES</b> Egg salad Sandwich Mustard Cheese Burger Soup Assorted Ice Cream Cups	Garden Vegetable Soup Turkey Salad Sandwich Tossed Salad <b>ALTERNATE CHOICES</b> Pork Souvlaki w/ tzatziki Tossed Salad Garden Vegetable Soup Yogurt & Fruit Parfait	Split Pea & Potato Tuna Melt w/ Pickles & Cheese <b>ALTERNATE CHOICES</b> Chicken Strips Caesar Salad Split Pea & Potato Togurt & Fruit Parfait w/ Granola
<b>MAIN MEAL</b>	Grilled Shrimp Skewer w/ Cocktail sauce steamed vegetables Roasted baby potatoes Banana Pudding <b>ALTERNATE CHOICES</b> Beef Burgundy w/ Mushrooms Steamed vegetables Roasted baby Potatoes Banana Pudding	Oven Roasted Chicken Mixed Steamed Vegetables Mashed Potatoes w/ gravy Mixed Fruit Crumble <b>ALTERNATE CHOICES</b> Golden Waffles w Fruit Whipped Topping Pork Breakfast Sausages Mixed Fruit Crumble	BBQ Pork Chops Oven roasted baby potatoes Steamed PEI vegetables Pork gravy Cherry Pie <b>ALTERNATE CHOICES</b> Vegetarian Chilli w/ Dinner Rolls Cherry Pie	Lemon Pepper Tilapia Steamed Rice Honey Carrots Baked Apples w/ Vanilla Ice Cream <b>ALTERNATE CHOICES</b> Veal Cutlets w/ Gravy Steamed Rice Honey carrots Baked Apples w/ Vanilla Ice Cream	Beef Shepards Pie Garden Salad Macaroon Bar <b>ALTERNATE CHOICES</b> Oven Baked Chicken Nuggets w/ Plum Sauce Seasonal Garden Salad French Fries & Gravy Macaroon Bar	<b>Sweet &amp; Sour Chicken Balls</b> Ginger Beef w/ Vegetables Steamed Vegetable Jasmine Rice Fortune Cookies <b>ALTERNATE CHOICES</b> Boston Cream Pie	Roast Beef Yorkshire Pudding w/ Gravy Mashed Potatoes Green & Yellow Beans Horseradish Butter Tart Squares